

# Beckstone Primary Newsletter

Tel: 01946 830423

Email: [admin@beckstone.cumbria.sch.uk](mailto:admin@beckstone.cumbria.sch.uk)

Web site: [www.beckstone.cumbria.sch.uk](http://www.beckstone.cumbria.sch.uk)

Newsletter no. 3  
November 2022



Dear Parents,

Welcome to the penultimate newsletter of 2022.

There is a lot to pack in this half term including Cinema trips, a UKS2 residential, many sporting events, a Remembrance Parade, trips, a morning where the Y6 children takeover the school, a myriad of Christmas events and much much more. Please take the time to read this newsletter so you are up to speed with all that is happening in school.

You should receive a 'dates' page to put up somewhere at home to keep track of all that is going on.

Please take the time to read this newsletter as it is full of useful information and news about the school. If there is ever you want any issues covered or further explanations of school policies then please let me know and we will try to cover them in subsequent editions.

Best wishes,

Mr Warbrick.



Y1 –Y6 Meet the Teacher – Wellbeing & Progress Update	2
Remembrance Day .....	2
Remembrance Parade .....	2
Halloween.....	3
Non Uniform Day.....	3
Christmas 2022.....	3
Governors.....	3
Takeover Morning .....	5
Food & Drink .....	5
School Meal Menu .....	6
Reading with Your Child .....	7
Reader Teacher .....	8
Harvest .....	8
Foodbank Donations .....	8
Winter, Covid Guidance & Heating .....	9
Uniform Exchange .....	9
Names in Clothing .....	9
Revisewise .....	10
Safeguarding/Child Protection .....	10
Domestic Violence.....	10
Nursery Intakes .....	10
Beckstone's Extended Services .....	11
Carer & Toddler Club.....	11
Attendance .....	11
Herbs .....	12
Term Time Holidays & Tests .....	12
Give Blood – Help Save a Life! .....	12
Extreme Weather/Heating Emergencies.....	12
Asda Meals Offer .....	12
Social Media .....	12
Thank You .....	12
Strive for Five .....	13
Allerdale Lottery .....	13
High Harrington Community Centre .....	13
Advertisements .....	13
QR Codes .....	14
Easy Fund Raising .....	14
Amazon Smile.....	14
Donations Needed.....	14
School Funds .....	14
Circuits.....	15
Facebook & Instagram.....	15
PE Kits .....	15
UKS2 Residential.....	15
And Finally .....	15
Diary Dates .....	16

This newsletter has been sponsored by the following local businesses, please look out for their advert and support them when you can. Please mention that you have seen their advert in the school's newsletter!!



- **Cumbria Coast Karate**
- **Harrington Pharmacy**
- **High Harrington Community Centre**
- **L&K Curwen**
- **Robinsons & Co**
- **Step by Step**
- **The Laundry Studio**
- **The Wobbly Wand**



## Harrington Pharmacy



25 Church Road  
Tel 01946 833565

- ❖ Free prescription collection service from Workington and Distington surgeries, for all ages
- ❖ Regular promotions throughout the shop
- ❖ Selection of household, baby and toiletry products. Plus, perfumes and gifts
- ❖ Free repeat medication check- up service

### Opening hours

Mon-Fri 9am-5.30pm  
Sat 9am-12.30pm



### Y1 –Y6 Meet the Teacher – Wellbeing & Progress Update

We hope you found the recent round of parents' evenings useful and informative.

It is very important school and home keep in close touch to support the development of each child.

Following on from those evenings however the Governors have reaffirmed the school policy **of only one appointment per child** unless there has been domestic violence (the school is informed of these cases by the Police). The reasons for this are two-fold...the main one is it is important the child sees that both parents are working together to support them (there was very positive feedback from pupils whose split parents came together). A second reason is teacher workload, it is simply untenable for teachers to have more than 30 appointments over the times of the evenings. This policy was breached at the recent evenings and this cannot happen again. If there are multiple appointments made then they all will be cancelled. Please can split families agree to come together for the benefit of their child(ren) next time.

Teachers have been chasing up parents who didn't attend the nights. If you still haven't spoken about your child's progress please contact school.

### Remembrance Day

Like last year we are hoping to decorate the school hill with poppies and weather permitting have the whole school out on the hill for the silence at 11am on Friday 11<sup>th</sup> November. Parents are welcome to join with us on the steps of the road hill or at the bottom of Eadie Street. Below is an image from last year:



### Remembrance Parade

The school will also be joining in the Harrington Remembrance Parade in the morning of Sunday, 13<sup>th</sup> November. The Parade will leave the British Legion at 9.15am and arrive at Church at 10am for a service and then a commemoration at the Cenotaph afterwards. Information was sent out yesterday with regard to pupil volunteers to join the parade. Mrs Beecroft, Ms McKeating, Mrs McAdam and Mrs Holliday have all kindly volunteered to lead the Parade for the school. A photo from last year's parade is below:





## Halloween



Yesterday, the 31<sup>st</sup> October, was a Halloween themed day in school. The day started with an assembly where all the children could see each other's costumes. There are some pupils and staff pictured here but many more on the web site.



There was also a Halloween themed lunch, this was the menu:



### HALLOWEEN MENU

HAUNTED HOTDOG

NIGHTMARE CHICKEN NUGGETS

FRANKENSTEIN FRENCH FRIES

HUMBLE TROUBLE BAKED BEANS

PUDDING

DEATH BY CHOCOLATE CAKE



caterlink  
feeding the imagination



## Non Uniform Day



The next non-uniform day is on Friday 25<sup>th</sup> November. Rather than money we are asking for donations of chocolate (EY; KS1) and bottles or chocolate from KS2 children. Donations will help support our Christmas raffle by filling top prize hampers, please see later article.



## Christmas 2022



Christmas time is a key fund raising time for the 'Friends at Beckstone'. The group however is aware of the financial pressures on families in the lead up to Christmas so the fund raising activities will be mainly online allowing families to spend as little or as much as they like outside of public view. There will be no Christmas Fair as such. Each Stage will be putting a large hamper packed full of goodies together so there will be 4 hampers altogether. As a result we would very much welcome a donation to these hampers e.g. chocolate, a bottle of something, toys etc. There will be a non-uniform day on Friday 25<sup>th</sup> November to support this.



Nearer the time we will also be selling reindeer dust and hot chocolate stocking fillers amongst other things.

Finally every Stage is producing a 2023 Calendar which will include your child in their birthday month. They are great fun and would make lovely Christmas presents for friends/relatives etc.

All items will be available through ParentPay, please support them as best you can.

In addition there are many other events and performances from Nursery to Year 6 all listed on the dates page at the end of this newsletter.

## Governors



The Governors met just before half term. The Chair of Governors sums up many of the aspects of that meeting in his blog on the following page.



## Governors' Board

# Chair of Governors' Blog

Hi,

*Firstly, I would like to welcome everyone back to a new school year and welcome the new pupils, parents and staff who have recently joined us.*

*We held our Governor Annual General Meeting on October 18th; in this meeting we agree Governor appointments and discuss our governing plans for the school year. We discussed multiple topics with varying feedback, some exciting success stories, and some disappointing stories.*

*I wanted to use this blog as an opportunity to keep you informed of topical issues and to share our thoughts on the feedback we received.*

**Governing Body:** *It saddens me to say we received confirmation that one Governor will be leaving the governing body with immediate effect and one Governor will not be renewing their term next May. Both individuals have selflessly supported the school for several years and will be greatly missed. We did however make some changes to the structure of the body to make sure its operation is successful for years to come. It is exciting to see existing governors taking up positions to support the school, as we rely on volunteers sharing their spare time.*

**School Performance:** *We reviewed the academic performance of pupils at Beckstone; in most measures we have very good performance often exceeding national average. However, on one or two measures we have unfortunately slipped below the national average due to the impact of Covid 19 lockdowns. I am pleased to report that the school has already implemented improvement plans in these areas to ensure all our pupils succeed.*

*One measure where we dropped below is a measure over which the school has no control: school attendance scores, with us now sitting below the national average. We understand some non-attendance days are unavoidable, but others are. Evidence is readily available to support the notion that reduced time in education has a direct impact on educational outcomes. The Governors would ask you consider this when planning term time breaks.*

**Behaviours:** *We received feedback from the results of the recent parents evening with positive comments on the pupils returning and transitioning through the school. We have had some of our emergency arrangements reviewed by external people and they have commented on how well the pupils respond to things like fire drills. We did however spend some time discussing some difficult conversations which have occurred between school staff and a small minority of parents. Some instances have occurred where staff members have been verbally abused. This can't be right.....*

*The school has set policies and rules, and, in most cases, these are well supported, and we thank you for this. When not supported the school needs to intervene to ensure fairness and consistency. The governing body fully supports the staff in ensuring policies and rules in the school are adhered to. If you have a concern with the way something is being handled, please refer to the complaints policy as the process is available for you to use.*

**Funding:** *We are all aware of and feeling the impact of ever-increasing material, food, and energy costs. The school is no different and the budget is causing sleepless nights for the leadership team. The school staff and the Governors want every pupil to have a fulfilling and enjoyable education. We are however mindful that some planned events bring additional costs to families, we have therefore agreed to scale back on some of these things. We are still balancing this against the pupils having exciting experiences while at school.*

*If you wish to discuss any of the information in this blog, please feel free to contact me via the school office.*

Take care ☺

Nick

Chair of Governors





**BEGINNERS CLASSES ENROLLING NOW**  
[www.cumbriacoastkarate.co.uk](http://www.cumbriacoastkarate.co.uk)

**FREE TRIAL**

**CC** **CUMBRIA COAST KARATE**

**SAFEGUARDING CODE**  
 IN MARTIAL ARTS

**ADULTS, TEENS, BOYS AND GIRLS, AGED 6 YEARS OLD ABOVE**

<b>HIGH HARRINGTON COMMUNITY CENTRE</b> TUESDAYS 6pm-8pm SUNDAYS 5pm-7pm	<b>ST BEES SECONDARY SCHOOL MEMORIAL HALL</b> THURSDAYS 6pm-8pm
<b>LAMPLUGH VILLAGE HALL</b> MONDAYS 6pm-8pm	<b>THE GATHER ENNERDALE</b> WEDNESDAYS 6pm-8pm

LEARN KARATE IN A FAMILY FRIENDLY CLUB  
 BUILD SELF CONFIDENCE  
 IMPROVE SELF ESTEEM  
 IMPROVE FITNESS  
 LOSE WEIGHT  
 LEARN HOW TO USE IN SELF DEFENCE  
 FAMILIES TRAINING TOGETHER

**FOR MORE INFO OR TO ENROL CALL**  
**07543 876490**  
 (THIS NUMBER DOES NOT ACCEPT TEXT MESSAGES)

ALL INSTRUCTORS ARE FIRST AID TRAINED AND DBS CHECKED

### Takeover Morning

The Children's Commissioner encourages schools to allow its pupils to 'run' their establishments to give a taster of responsibility and accountability. These sessions give Y6 children an exciting insight into the working life of adults at the school. On Thursday 24<sup>th</sup> November the Year 6 children will take over the running of the school. This will involve children welcoming EY & KS1 children, taking assembly, taking lessons, working in the Office, working in the Canteen etc. Historically it has been a very exciting, stimulating and enjoyable day for our Year 6 children.



### Food & Drink



School meals cost £13.50 per week (£2.70 a day) payable on ParentPay. This still represents good value when you look at prices of goods in supermarkets for packed lunches.

The meals menu for next half term is on the next page. The menu has resulted from discussions with the School Council. Lots of their ideas have been taken on board, a summary of their discussions is below.

In addition to these choices there are also jacket potatoes and sandwiches on regularly as additional choices.

	Week 1	Week 2	Week 3
Monday	Pepperoni or Cheese Pizza	Sausage Rolls	Meatballs & Pasta
Tuesday	Chicken Curry	Chicken Pie	Lasagne
Wednesday	Different Roasts each time	Sausages & gravy	Quirky bird – different flavours of chicken with a choice of chips, rice or salad
Thursday	Build-a-Burger	Spaghetti Bolognese & Garlic Bread	All Day Breakfast
Friday	Fish Fingers	Fish Fingers	Fish Fingers

There will also be vegetarian options including beans on toast, mac and cheese, Quorn sausages or chicken etc.

- Milk is vital for growing children as it strengthens bones and teeth. Children in Reception and Nursery are entitled to free milk as are children who are eligible for free school meals and clothing vouchers (not the universal free meal for all FS & KS1 children). The cost of milk for next half term is **£9.50** and needs to be paid by **THIS Friday, 4<sup>th</sup> November** via **ParentPay NOT cash or cheque**. If you need help with this please see the School Office. Due to the administrative burden of checking attendance and the inability to change the order daily unfortunately milk money cannot be refunded for absence.
















- Snack money for Nursery and Reception is also paid by ParentPay and is due also by **THIS Friday, 4<sup>th</sup> November**, the cost is £13 for next half term.



- Fruit tuck shop money from Year 1 up is also paid this way, £9 for next half term by **THIS Friday 4<sup>th</sup> November**.



## Autumn Winter 2022 Central Menu Option B

Migration					
	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Meatballs in tomato Sauce with Pasta	Chicken Curry with Rice	 Roast of the Day with Stuffing, Roast Potatoes and Gravy	 Build a Burger Day A choice of Burger (meat, veggie or vegan), toppings and Potato Wedges	 Fishfingers/ Salmon Fishfingers with Chips
Option 2	Tomato Pasta	Beans on Toast	 Roast Quorn with Roast Potatoes and Gravy	 BUILD A BURGER	 Mac & Cheese
Vegetables	Mixed Veg	Pears	Carrots Cabbage	Sweetcorn	Baked Beans
Dessert	Apple Cumble with Custard	Cookie	Shortbread	Iced Sponge	Jelly and Peaches
Or a choice of Yoghurt & Fresh Fruit available daily					
Option 1	Sausage Roll with Wedges	Chicken Pie with Mashed Potato	Sausage, Onions and Gravy with Roast Potatoes	Spaghetti Bolognese with Garlic Bread	Fishfingers with Chips
Option 2	Veggie Sausage Roll	Jacket Potato with choice of filling	 Broccoli Cheese Pasta Bake with Roast Potatoes	 Quorn Bolognese with Garlic Bread	 Cheese & Onion Party
Vegetables	Beans	Broccoli	Carrots Pears	Green Beans	Pears
Dessert	Rapbook	Chocolate Drizzle Cake	Iced Bun	Sponge and Custard	Oaty Cookie
Or a choice of Yoghurt & Fresh Fruit available daily					
Option 1	Pepperoni Pizza	Mixed Beef with Mashed Potato	Quirky Bird A choice of flavoured chicken or vegan Quorn, with Potato Wedges and Salads	All Day Breakfast	Fishfingers with Chips
Option 2	Cheese and Tomato Pizza	 Quorn Mince with Mashed Potatoes	 WILD Turkey	Jacket Potato with choice of filling	Cheese Quiche with Chips
Vegetables	Sweetcorn	 Broccoli	 Cauliflower Pears	Beans	Spaghetti Hoops
Dessert	Marble Cake	Chocolate Cookie	Crocker, Cheese and Apple	Rice Pudding	Ice cream
Or a choice of Yoghurt & Fresh Fruit available daily					

 Added Plant Power  
 Vegan  
 Wholemeal

**Available Daily:**

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

**ALLERGY INFO/WARNING:**  
If your child has an allergy or intolerance, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchen it is not possible to completely remove the risk of cross contamination.





*Adding Value - Talking Sense*

- Accountancy
- Audit
- Taxation
- Payroll Services
- New Business Advice
- Independent Financial Advice
- Book-keeping services
- Retirement Planning
- Investments
- SAGE Software

[www.robinsonco.co.uk](http://www.robinsonco.co.uk)

01900 603623

Also in Whitehaven

Registered to carry on audit work by the Institute of Chartered Accountants in England & Wales and authorised and regulated by the Financial Services Authority for investment business.



## Reading with Your Child

We want to promote 'Share a book every day' with children at home with their family and friends.

Sharing books with children is fun, it can be a time for closeness, laughing and talking together and it can also help your child to become a lifelong reader and have a love of books. There is no right or wrong way of doing it and it is never too early to start reading to your child



## Tips for sharing a book

- Try and find somewhere away from noise and television and make sure you are not using your mobile phone
- Make sure you take time to look and talk about the pictures on the pages
- If your baby chews books to start with, it doesn't matter. They will soon enjoy helping you to turn the pages
- The use of sound effects for example animal noises will help to bring the story to life and make you both laugh
- Encourage family members such as siblings to join in and share a book with your child
- For older children, ask some questions when reading together, for example; what can you see on this page? How do you think Goldilocks felt when she saw the bears? What do you think is going to happen next?

- As your child's language develops encourage your child to tell the story. They can read the pictures to you and talk about what's happening on the page
- If you think you are not a brilliant reader it doesn't matter because just hearing and listening to your voice is comforting for your child.

## How to read aloud to older children

1. **Keep it fun**  
Reading shouldn't be a chore! When children's experiences are pleasant they are more likely to develop a life-long love of reading
2. **Read with energy**  
Use lots of energy! Using facial expressions and emotion: different voices for different characters; and varying the tempo and volume that you read with will help to create an immersive storytelling experience your children will love.
3. **Ask questions**  
Asking questions as you read can improve understanding and get the child to be an active participant in the reading experience
4. **Explain as you go**  
Explaining what is happening on the pages and allowing time to talk about it as you go through the book can deepen your child's understanding and expand their vocabulary
5. **Point out words**  
Pointing out words can really help younger children when it comes to learning to read. Scanning from left to right, as well as showing what a letter and a word is, has been shown to help develop advanced reading skills.
6. **Look at the pictures/illustrations in the book**  
Talking about the pictures in the book is just as important as reading the words
7. **Get them to read along with you**  
This would work especially well with your favourite rhyming books that you have read so many times with them that they can remember parts
8. **Reread the same book**  
This is linked to the above point as it will give them the confidence to join in and helps build fluency and a better understanding of rhythm and language
9. **Encourage the child to retell the story to you**  
When they are confident with the story see if they can recite parts of it to you or someone else on their own. This will improve their confidence and help develop their memory and speaking skills.

The more you  
READ,  
the more things  
you will KNOW,  
the more you  
LEARN  
the more places you will GO



# Step by Step Education

THE SUPPLY TEACHER SERVICE



**Nathan Doyle** - Cert RP  
Education Consultant

**Telephone:** 01772 713819

**Mobile:** 07930530076

**Fax:** 01772 774137

**Step by Step Education Ltd**

80 Lytham Road

Fulwood

Preston

PR2 3AQ

Follow us on:    

[www.stepbystepeducation.co.uk](http://www.stepbystepeducation.co.uk)

## Reader Teacher

A really great web site is 'The Reader Teacher'. This can be a valuable resource in the lead up to Christmas as it suggests what it thinks are the best high quality reads for children at age appropriate levels.



Simply click on the Year Group and browse all the titles. Clicking on the book cover takes you to Amazon to read more about the book and to order it if you wish. **If you do please use Amazon Smile and select our school – see later article.** The site also has reviews, book listings by author, genre and details of new releases.

The site is well worth a look and can be found at <https://www.thereaderteacher.com> or by following the QR code.



## Foodbank Donations



Recent events have shown that the school can be a focal point for supporting some of our more vulnerable school families. Donations continue to be very much welcome and there is a collection bin in the green shelter at the top of the school hill.

To support this initiative please think of our more vulnerable community members and buy some non-perishable food items you think would help feed children and donate regularly.



Reg Charity No 1067541

## Shopping List

Please help local people in crisis by buying items from the list below and giving them to the North Lakes Foodbank

Thank you!

- \* Milk (Full Fat or Semi- Skimmed UHT)
- \* Fruit Juice (1 ltr carton UHT)
- \* Pasta Sauces (jars or sachets)
- \* Biscuits or snack bars
- \* Cereals (Medium sized boxes)
- \* Tinned Meat
- \* Tomatoes (Tinned or Carton)
- \* Tinned Fish
- \* Tinned Fruit
- \* Tinned Vegetables
- \* Soup (Tinned no Cuppa Soup)
- \* Rice Pudding (Tinned)
- \* Instant Mash Potato
- \* Sponge Pudding (Tinned)
- \* Sugar
- \* Jam
- \* Pasta (Medium bags of dried pasta. No sachets of 'pasta & sauce' mixes)
- \* Tea Bags/Instant coffee (Med)



**No Low Calorie Foods**



## Harvest

'Thank You' for all the donations to our Harvest Appeal. There was a great response and all donations were passed on to the Foodbank who were very grateful and impressed at the response from our school community.

Our Early Years children performed a fantastic 'Dingle Dangle Scarecrow' dance in the assembly and our Year 6 children also sang a beautiful Harvest song. Also at the assembly was Stuart from the Foodbank who told the children about the importance of supporting the foodbank, particularly at this time.







### Winter, Covid Guidance & Heating

The current Government guidance to schools is very clear that they should be well ventilated and have windows open at break and lunchtimes to ensure a free flow of air. There are of course some issues that arise from this guidance once the air temperature outside falls.

Firstly, the school will naturally be colder than normal so it is perhaps prudent for your child to wear a vest or T-shirt under their usual uniform. We are allowing children to wear navy fleeces on top of their uniform in class for added warmth if needed. Ones with a school logo on can be ordered



here:

<https://www.border-embroideries.co.uk/schools/beckstone-primary-school.html>



or by following the QR code

They cost between £15 and £20 depending on the size. Alternatively there is a limited stock available from the 'Uniform Exchange'...

### Uniform Exchange

The Governors have set up a uniform exchange where donations of nearly new uniform can be donated but most importantly parents can order replacement uniforms for free if they wish. It is a very discrete service and all you have to do is email [uniforms@beckstone.cumbria.sch.uk](mailto:uniforms@beckstone.cumbria.sch.uk) or use the QR code in the flyer above and send in your request, if we have clothing of sizes needed we will bag them up and you can collect them from the School Office.

### Names in Clothing

We are not long into the school year and we already have lots of lost property. Please, please, please put your child's name in their clothing. When this happens their clothing is easily returned. The amount of money some families lose by not doing this is staggering when you see how much is left unclaimed!



📍 1D Buddle Road, Workington Cumbria, CA14 3YD

✉ [info@thelaundrystudiolt.com](mailto:info@thelaundrystudiolt.com) 📱 @thelaundrystudiolt





## Coats



We will soon be asking all children to wear their coats at lunchtimes and playtimes. We have an external thermometer and when the outside temperature drops below 13°C then coats are mandatory. Please ensure they come to school with a coat and **one that has their name in** – thanks!

School coats which are fully waterproof and have a hood and reflective strips are available online from Border Embroideries....<https://www.border-embroideries.co.uk/schools/beckstone-primary-school.html>



There are also some coats available for free via our uniform exchange. To enquire simply email [uniform@beckstone.cumbria.sch.uk](mailto:uniform@beckstone.cumbria.sch.uk) or use the QR code



**REVISE WISE CLUBS**

## Revisewise

Free revision classes for **Year 6 children now** take place weekly on Wednesday at 8.15 – 8.45 and Wednesday lunchtime 12.15 – 12.45. The timings were changed due to concerns from a couple of parents that the cost of putting siblings into Breakfast Club was costly for a lot of families. We looked at various different options but due to small number of staff being onsite around 8.15am we could not offer another service for the siblings and did not have capacity in Breakfast Club. Y6 pupils have the choice to attend either club.

**All Year 6 children should be attending**

## Safeguarding/Child Protection

Full details on the county's policies, procedures and processes with regard to safeguarding plus analysis of outcomes of serious case reviews can be accessed through the Cumbria LSCB website at [www.cumbrialscb.com](http://www.cumbrialscb.com) the site also has a parental information zone.

In addition to the above the school has a 'Safeguarding Zone' on its website which contains the above link as well as relevant school policies, further information and a diagram showing how we keep your child safe in school. It is well worth a look.



**Sharing information is in the best interests of children and their safeguarding. The school reserves the right to share and receive information from other agencies that may have had dealings with your child.**

If you ever have any concerns about the safety or wellbeing of a child, then you can ring your concerns through to the County's 24 hour 'Safeguarding Hub' number and you can remain anonymous if you wish. Callers can outline their concerns and the Safeguarding Hub will give advice (consultation) and if necessary undertake an assessment of need.



**0333 240 1727**

There is now also an adult NSPCC helpline where any concerned adult can seek advice if they are concerned about a child and would like advice on whether to make a referral. The number to call is



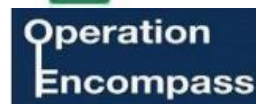
**0808 800 5000**

## Domestic Violence

Debbie Cook, our Educational Support Manager has trained to be a 'Domestic Violence Champion' and is a resource available to any adult who would like to confidentially share incidents with her and is a very good source of advice. Just contact the School Office to get in touch with her.

Domestic violence is on the increase and causes terrible harm to victims and the associated children.

It is everyone's responsibility to ensure it is eradicated. We are working closely with the Police and the school will learn of any incidents to support any children whose lives are affected by such an occurrence.



## Nursery Intakes



Children born between **1 September 2019** and **31 December 2019** can receive their free 15 or 30 hours a week from **January 2023**.

Children born between **1 January 2020** and **31 March 2020** can receive their free 15 or 30 hours a week Nursery education from **April 2023**.

Children born between **1 April 2020** and **31 August 2020** can receive their free 15 or 30 hours a week from **September 2023**.



**If you know of any children with birth dates between these times and would like their child to come to this school, then please ask them to get in touch with the School Office as soon as possible.**



Forms for applying for any of these intakes can be downloaded from the Cumbria County Council website

<https://www.cumbria.gov.uk/childrensservices/schoolsandlearning/lss/schooladmissions.asp> (or use the QR code) ring the School Office and we can post them out. When returning the form we need to see the Birth Certificate and a proof of address.



# PARENTAL FEEDBACK

We hope that the information on our website and newsletters are useful in keeping you updated on what's going on at Beckstone.

We would very much welcome your feedback anytime with any queries or suggestions!

We have a Parents' Suggestions box at the top of the school hill or preferably please email us at the address below.

**admin@beckstone.cumbria.sch.uk**

If ever you wish anything to be included in a newsletter then please do let us know



## Beckstone's Extended Services



Our extended services include the Breakfast Club (£4.00 from 7.30am, £3.50 from 8am) Last entry is at 8.30am; Educare (our popular afternoon child care provision for morning Nursery children – see table at the top of the next page – please note these places **MUST BE BOOKED IN ADVANCE**) with pick up times at 2.15pm and 3.15pm Please note that unfortunately we are unable to offer facilities for packed lunches for Nursery children.

Beckstone Xtra (again £3.50 an hour) runs from the end of the school day until 5.15pm with an earlier pick up time of 4.15pm if required. Beckstone Xtra is available from 3.15 to 5.15pm for anyone who books in advance via [bookings@beckstone.cumbria.sch.uk](mailto:bookings@beckstone.cumbria.sch.uk) Or simply use the QR code.



## Carer & Toddler Club



This runs every Thursday afternoon from 1.30 to 3pm and is a very popular club. It is a great way to meet new friends. There is no cost to join but a £3.00 levy is charged to cover the cost of refreshments etc.

The prices for our extended services are extremely competitive to support families in these difficult economic times. The price per hour is only £3.50. This is very good value and an extremely competitive rate for child care.



30 HOURS ENTITLEMENT
Sessions will run from: 11:50 a.m. — 2:15 p.m. (2 hours) 11:50 a.m. — 3:15 p.m. (3 hours)
A charge of <b>£2.00 per day</b> will be required to cover the cost of a school dinner and is to be paid via Parentpay.
Please contact the office for further details.

NON-ENTITLEMENT
Sessions will run from: 11:50 a.m. — 2:15 p.m. = <b>£8.50</b> 11:50 a.m. — 3:15 p.m. = <b>£12.00</b>
Educare bookings and payment are to be made via Parentpay. Please note you will need to choose your child's lunch (top choice) and pay for this at the same time via Parentpay at a cost of <b>£2.00 per day</b>
Please contact the office for further details.

Please note 30 hour Scheme can be used in Breakfast Club and Beckstone Xtra.

There have been some families not paying for extended services and building up a debt. At a recent meeting the Governors were shocked at this and agreed this should not be happening and non-payment will result in the immediate withdrawal of the service until debts are settled. As was noted people would not do this with e.g. with their hairdresser after their hair was cut. If you order a service then it needs to be paid. It was also shared that school chasing debts was portrayed on social media as a negative – this was felt totally inappropriate and any posts should be taken down as they were grossly unfair.

## Attendance



It is of the utmost importance to your child's education that they attend school consistently as learning is planned in a progressive way and one day follows on from the next in each subject. Of course there will be times when a child is too poorly to come to school or they have to isolate (the latter does not count as an absence on their attendance records). However these should be **rare events** as prompt regular attendance will really help your child do well at school. **Planning holidays in term time is to the detriment of your child's education.**

## Herbs

The herbs are sheltering for the winter and will return in the Spring. A very big 'Thank Yu' goes to Mrs Susan Murray who cultivates and looks after them.



## Term Time Holidays & Tests

There is active discouragement of taking holidays in term time as it disrupts a child's learning – see article above. **Taking time off at the statutory testing time needs to be avoided completely.**

The key dates this school year are:

**May – KS1 SATs Month**

**Week beg. 8<sup>th</sup> May – KS2 SATs**

**3 weeks from week beg. 5<sup>th</sup> June – Y4 Times Table tests**

**Week beg. 12<sup>th</sup> June – Y1 Phonics Screening Check**



## Give Blood – Help Save a Life!

Giving blood to support others is a wonderful selfless act that helps fellow citizens. Who knows, a member of your family may rely on someone else's blood donations to save their life at some point. The next donor session is not until Friday 25<sup>th</sup> November from 3pm to 7pm at Energus, Lillyhall. You can book an appointment online.

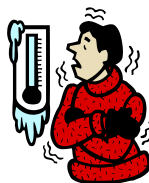
**Do something worthwhile and save someone's life**

Further details and booking details can be found at [www.blood.co.uk](http://www.blood.co.uk)



## Extreme Weather/Heating Emergencies

With winter here it is to be hoped that inclement weather is not serious, and that the heating system works effectively. If this happens not to be the case and the school is forced to close, then the following will be sources of information;



- ⦿ A text message will be sent to all parents (***it is of vital importance we have an up to date mobile number contacts for every child***)
- ⦿ The County Council web site carries information on schools that are closed
- ⦿ CFM and Radio Cumbria will be informed, and closure details will be included in their broadcasts
- ⦿ The school web site will be updated underneath the 'Weather Warnings' link

## Asda Meals Offer

Asda are running a great offer for the rest of 2022 where children can eat for just £1...hopefully this will help some household budgets. Details are below:



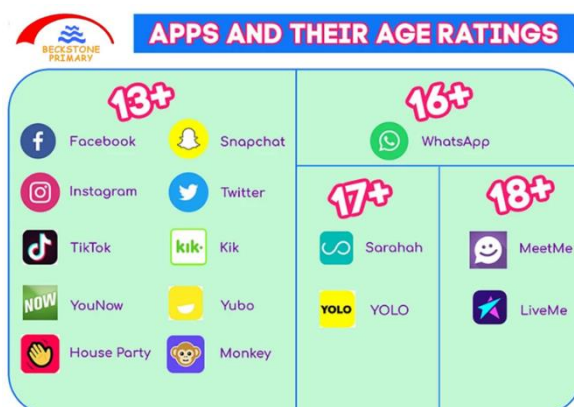
Kids eat for £1 in Asda Cafes for the rest of the year 🍴

All day, every day, with no minimum adult spend required 😊



## Social Media

**We strongly urge you not to let your children use these sites.**



Please protect their childhood and innocence. There is a minimum age for a reason. Please blame the school and if they say "Everyone is on them" then that is certainly not true!

## Thank You



A belated 'Thank You' to Eddie Burn (one of our Grandads) for his excellent woodworking skills in making the mud kitchen for the Reception garden. It is being put to good use and is enjoyed by all the early years' pupils.



**WARNING Misuse of Social Media**



**If you can't say anything nice about School ... don't say anything at all!**

Beckstone Primary and all schools in the Workington Consortium take abusive comments very seriously and if we find that individuals are posting defamatory or derogatory comments about the school, staff or volunteers the following action may be taken;

- Insistence on removal of any such 'posts'
- Sanctions as outlined in School Policy
- Contacting the Police
- The user will be reported to the relevant social media site and the closure of their account requested.
- Legal action

**Before You**



**THINK!**

T - Is it true?  
H - Is it helpful?  
I - Is it inspiring?  
N - Is it necessary?  
K - Is it kind?

already won prizes!! For more information and to play through our page please go to:  
<https://www.allerdalelottery.com/support/beckstone-primary-school> or use the QR code: Please share this link with friends and family.

### High Harrington Community Centre



The Community Centre is in Crooklands, High Harrington and is colloquially known as the 'Green Hut'. It is a very competitively priced and useful resource for all in the community to use.

To hire this facility for gatherings indoors then please contact Marjorie Rae on 01946 831004. The venue can be used for children or adult parties, meetings etc. and hire rates are very reasonable indeed once these are allowed. If you do hire this venue, please let Marjorie know you read about it in this newsletter.

The Ladies Club which runs every Tuesday from 1.30 to 3.45pm. A great opportunity to get to know new people and make new friends.

## **Ladies Club**

**Tuesday**  
**from 1.30 to 3.45pm at High Harrington Community Centre.**



**All ages are welcome to attend.**

*"A great opportunity to get to know new people and make new friends"*

### Advertisements

If you run a business or know of someone who does (even baby-sitting services) then please do get in touch with the School Office. An advert costs £5 a month, goes to at least 500 local households (parents, staff etc.) and also provides much needed funds for the school. Adverts are subject to the approval of the Governing Body.

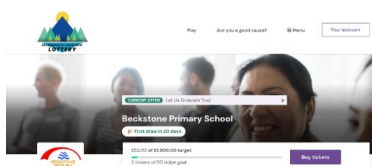


### Strive for Five

Finally, as a reward for those reading at least 5 times a week at home they become eligible to be part of the fortnightly 'Strive for Five' draw which will now precede the singing sessions on a Tuesday. Each year group winner will receive a book and chocolate for the parent(s) who have supported at home. Please use this as an incentive to read regularly with your child 😊

### Allerdale Lottery

Allerdale's lottery is now live with a monthly draw. The top prize is £25,000 and it costs £1 a ticket. If you are going to play and you buy your ticket through our own Beckstone Primary Page then the school will receive **50p** for every ticket sold through our part of the site going forward. You can play once or pay by direct debit which costs £4.34 a month for one ticket in every weekly draw.



There are a number of ways of winning. We have over 60 players assigned to our school and many have

## QR Codes

QR stands for 'quick response'. QR Codes, if you don't know, are those funny black and white boxes you see in newspapers and magazines such as the image alongside. These are placed within this newsletter at relevant points to give you quick access to websites mentioned. All you have to do is install a free QR code reader to your phone/tablet, just search the App/Play Store using 'QR', and simply scan the code or you can just use your camera with more modern phones.



## Easy Fund Raising



Did you know that whenever you buy anything online – from your weekly shop to your annual holiday – you could be raising **FREE** donations for Beckstone Primary School with easy fundraising?

There are over 4,000 shops and sites on board ready to make a donation – including eBay, Argos, John Lewis, ASOS, Booking.com and M&S – and it won't cost you a penny extra to help us raise funds.

All you need to do is:

1. Go to

<https://www.easyfundraising.org.uk/causes/b>



[eckstoneprimary/?utm\\_campaign=raise-more](https://www.beckstoneprimary.org.uk/?utm_campaign=raise-more) and join for free.

2. Every time you shop online, go to easy fundraising first to find the site you want and start shopping.
3. After you've checked out, the retailer will make a donation to Beckstone Primary School at no extra cost to you whatsoever!

There are no catches or hidden charges and we will be really grateful for your donations that will enrich your child's experiences at school.

Thank you for your support.



## Amazon Smile

Please follow this link and choose us

<https://smile.amazon.co.uk/ch/1075994-0>



## Support Beckstone Primary School Parent Teacher Association And Friends

When you shop at [smile.amazon.co.uk](https://smile.amazon.co.uk),  
Amazon Donates

Visit [smile.amazon.co.uk](https://smile.amazon.co.uk)

[smile.amazon.co.uk](https://smile.amazon.co.uk)

To support us you would need to download the Amazon Smile app. Then if you order as normal from Amazon via the Amazon Smile app then Amazon will donate money to the school if you select Beckstone Primary School



PTA & Friends from their Charity list. Please support this if you can.

## Donations Needed

We are in urgent need of spare clothing for Nursery and reception age children e.g. trousers, underwear and socks. Please hand any donations into the Office.

The school would very much welcome any of the following;

- Age appropriate PS4 games
- Board games
- Construction Equipment e.g. K'Nex,
- Meccano or Lego
- Lego Classic Blocks
- Railway or road sets
- Bikes and Trikes for Nursery & Reception
- Comics/games for wet playtimes



## School Funds

We need donations to this fund as funds are really REALLY tight. The school fund is purely donation based and is used to buy many consumable items and fun activities outside the remit of the school budget for the pupils as well as many other things for school that enable us to provide services free of charge.



Please have a ratch down the sofa or anywhere to find some spare money to donate to the school to support all the children.

Please help if you can by donating to this fund.

Now we have the ParentPay system we can offer the facility for families to make an automatic School Fund donation on a monthly basis, from their bank account even £2 per month would accumulate in to a great fund to support activities in school. If you would like to support the school in this way please contact the School Office for further details on how to set this up or, if you would rather, for direct debit details.





## Circuits



'Circuits Days' will take place each half term this school year. They will be on a Thursday or a Friday depending on the day your child has their PE session, this half term they are on Thursday 24<sup>th</sup> and Friday 25<sup>th</sup>

November. As the children are now coming to school in PE Kits on those days anyway there is no need for different clothing on these days. The dates are on the back of the newsletter and are pertinent as they take place in the middle of this month.

## Facebook & Instagram



Facebook

The school is now on Facebook and Instagram with an updated presence!

You should be able to search for the pages or you can use these addresses/QR codes.

<https://www.facebook.com/beckstoneprimaryschool/>

<https://instagram.com/beckstoneprimary?r=nametag>

Please Note: Our previous Facebook Group 'Beckstone Primary School (Official Facebook Group)' has now been archived and will no longer be updated.

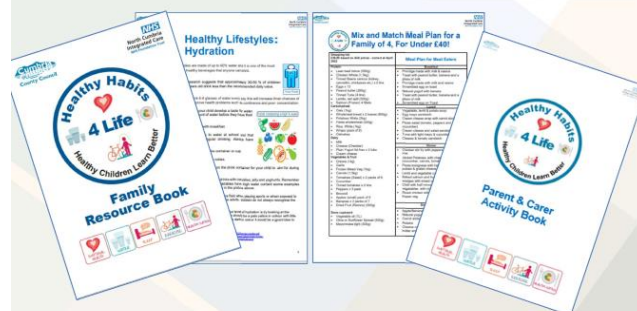


Instagram



## Healthy Habits 4 Life

Healthy Habits 4 Life is a FREE programme run by the Public Health 5-19 team for families in Cumbria with children in Reception to Year 7 who want to make the change to a healthier lifestyle. Families will be offered 1:1 support and advice on a range of areas:



A Public Health Practitioner will arrange to meet with you at a time and place to suit you and your family, this could be in your own home, at school or via video and will work with you over a number of weeks.

If you would like to know more or want your child to be included please contact us via the E-School Nurse clinic [E-SchoolNurse@ncic.nhs.uk](mailto:E-SchoolNurse@ncic.nhs.uk)

[happierhealthiercommunities.org](http://happierhealthiercommunities.org)

NHS North Cumbria Integrated Care

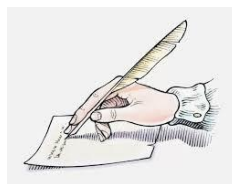
## PE Kits



Allowing children to wear PE Kits for school with sweatshirts on top has increased the focused time for PE lessons. Please however can we remind parents that the Governors' policy is:

- Only dark trainers preferably black
- No designer/branded tracksuit trousers
- Light blue t shirt

We have noted some children coming in white or pink trainers and also in Adidas/Under Armour etc. branded tracksuit trousers. Please just supply your child with cheaper alternatives from supermarkets, Matalan etc. to take financial pressure of families to compete.



## UKS2 Residential

Children in Year 5 & 6 have their first residential of the year on the 17<sup>th</sup> of this month. They will be visiting Dove Cottage and learning

to write with a quill(!), they will stay at the Ambleside Youth Hostel and then have the following day at Brockhole and will be engaged in many activities and tree climbing! We wish them lots of fun.



Over half term the fencing around the Early Years areas was renewed and over the next week the Nursery Adventure Playground area will be upgraded.

CHILDREN ARE  
MADE READERS  
ON THE LAPS  
OF THEIR PARENTS.

## Term Dates until Summer 2024

	Autumn 2022	Spring 2023	Summer 2023	Autumn 2023	Spring 2024	Summer 2024
<b>Start of Term</b>	Wednesday 7 <sup>th</sup> September	Wednesday 4 <sup>th</sup> January	Monday 17 <sup>th</sup> April May Day – Mon 1 <sup>st</sup>	Wednesday 6 <sup>th</sup> September	Wednesday 3 <sup>rd</sup> January	Tuesday 16 <sup>th</sup> April May Day – Mon 1 <sup>st</sup>
<b>Half Term</b>	Monday 24 <sup>th</sup> October - Friday 28 <sup>th</sup> October	Monday 20 <sup>th</sup> February – Friday 24 <sup>th</sup> February	Monday 29 <sup>th</sup> May - Friday 2 <sup>nd</sup> June	Monday 23 <sup>rd</sup> October - Friday 27 <sup>th</sup> October	Monday 12 <sup>th</sup> February – Friday 16 <sup>th</sup> February	Monday 27 <sup>th</sup> May - Friday 31 <sup>st</sup> May
<b>End of Term</b>	Tuesday 20 <sup>th</sup> December	Friday 31 <sup>st</sup> March	Wednesday 19 <sup>th</sup> July	Tuesday 19 <sup>th</sup> December	Thursday 28 <sup>th</sup> March	Friday 19 <sup>th</sup> July

## Diary Dates

### November

Wed 2<sup>nd</sup> – High 5 Netball Tournament, Lakes College

**Fri 4<sup>th</sup> – 2HG Class Assembly**

Tues 8<sup>th</sup> – Strive for Five Draw

Wed 9<sup>th</sup> – UKS2 trip to Alhambra Cinema, Keswick – Horrible  
- LKS2 Quicksticks Hockey, Lakes College

Fri 11<sup>th</sup> Nov – Remembrance Silence 11am...pupils on hill

Sun 13<sup>th</sup> Nov – Remembrance Parade

Tue 15<sup>th</sup> – LKS2 to Alhambra, Keswick – Lyle, Lyle, Crocodile  
- LKS2 Benchball, St Joseph's 12-12.45

Wed 16<sup>th</sup> Early Years Come & Play 2-3.15pm

Thu 17<sup>th</sup> – UKS2 Activity Residential

- Early Years Come & Play 2-3.15pm

Mon 21<sup>st</sup> – January Starters Parents' meeting

Tue 22<sup>nd</sup> – Strive for Five Draw

Wed 23<sup>rd</sup> – Dove Cottage Poet visiting Y5&6

Thu 24<sup>th</sup> & Fri 25<sup>th</sup> – Circuits sessions

Thu 24<sup>th</sup> – Y6 Takeover Morning

Fri 25<sup>th</sup> – Non Uniform Day, chocolate (KS1 or KS2) & bottles (KS2)

### December

Fri 2<sup>nd</sup> – Reception Whinlatter Trip

- Nursery Nativity for parents

Mon 5<sup>th</sup> – Reception Party Night

Tue 6<sup>th</sup> – Strive for Five Draw

- Inclusive Boccia Completion, St Joseph's, 12-2.30pm

- LKS2 Party Night

Wed 7<sup>th</sup> – Reception Christmas Nativity pm

- KS1 Party Night

Thu 8<sup>th</sup> – Reception Christmas Nativity am

- LKS2 Carol Service 'Babushka' 2pm

- Reception Nativity for Over 55's 2pm

- UKS2 Party Night

Fri 9<sup>th</sup> – UKS2 Carol Service 2pm

Mon 12<sup>th</sup> – Reception Party Night

Tue 13<sup>th</sup> Dec – Y4 singing at the Galloping Horse for East Croft

- UKS2 Christmas Crafts with parents

- KS1 Party Night

Wed 14<sup>th</sup> – Autumn Governor Challenge Day, Staffing & Finance (2.30pm) & Gov's meeting 3.30pm

Wed 16<sup>th</sup> – KS1 Christmas Crafts with parents

Thu 15<sup>th</sup> – Christmas Dinner Day

- LKS2 Party Night

- Christmas Raffle Draw

Fri 16<sup>th</sup> – KS1 Nativity for parents am & pm

- UKS2 Party Night

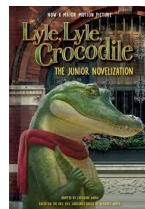
Mon 19<sup>th</sup> – Christmas Party Day & party clothes

- Y2 Nativity for Allerdale Disability Associ

Tue 20<sup>th</sup> – Strive for Five Draw

- Carols in the Square 10.30am

- Educare Party



### Dates for 2023

Wed 11<sup>th</sup> – UKS2 Dodgeball Competition, Lakes College

Tue 17<sup>th</sup> Jan – KS1 Dodgeball Competition

**Fri 20<sup>th</sup> Jan – Year 5 Assembly**

Fri 27<sup>th</sup> Jan – Aladdin, M&M Productions 9.30am

**Fri 3<sup>rd</sup> Feb – 4AN Class Assembly**

Tue 7<sup>th</sup> Feb – KS2 Dodgeball Competition

- Governors Meeting

Wed 8<sup>th</sup> Feb – Y3&4 Multi Sport Festival

**Fri 10<sup>th</sup> Feb – 1AF Class Assembly**

Mon 13<sup>th</sup> Feb – R&KS1 Cinema Night

Tue 14<sup>th</sup> Feb – UKS2 Table Tennis Competition

Wed 15<sup>th</sup> Feb – KS2 Cinema Night

#### Half Term

Wed 1<sup>st</sup> Mar – Y1&2 Multi Skills Festival

Thu 2<sup>nd</sup> Mar – World Book Day

**Fri 10<sup>th</sup> Mar – 3SF Class Assembly**

Sun 19<sup>th</sup> Mar – Mother's Day

Tue 21<sup>st</sup> Mar – Y5&6 Dodgeball, Lakes College

Wed 22<sup>nd</sup> & Thu 23<sup>rd</sup> Mar – Parents' Evenings (N to Y6)

**Fri 24<sup>th</sup> Mar – 1/2RM Class Assembly**

Week beg. 27<sup>th</sup> Mar – Egg & Bonnet Design Week

Tue 28<sup>th</sup> Mar – LKS2 Football Competition

- Spring Governor Challenge Day & Governors

Wed 29<sup>th</sup> March – KS1 Easter Cheesecake making with parents

Fri 31<sup>st</sup> Mar – Egg Dumping Final

#### Easter Holidays

Thu 27<sup>th</sup> Apr – Class Photos

**Fri 28<sup>th</sup> Apr – 4DP Class Assembly**

Mon 1<sup>st</sup> May – **Bank Holiday**

**May – KS1 SATs Month**

**Week beg. 8<sup>th</sup> May – KS2 SATs**

Tue 8<sup>th</sup> May – LKS2 Rounders Competition

Wed 10<sup>th</sup> May – Y1&2 Football Competition

Tue 16<sup>th</sup> May – Summer Governor Challenge Day,

Staffing & Finance & Main Governors

Week beg. 22<sup>nd</sup> May – Whinlatter Field Trip Week

Mon 22<sup>nd</sup> May – Y5&6 Kwik Cricket

Tue 23<sup>rd</sup> May – KS1 Football Competition

#### Half Term

**3 weeks from week beg. 5<sup>th</sup> June – Y4 Times Table tests**

**Week beg. 12<sup>th</sup> June – Y1 Phonics Screening Check Week**

Wed 7<sup>th</sup> & Thu 8<sup>th</sup> – UKS2 Liverpool Residential

Thu 8<sup>th</sup> & Fri 9<sup>th</sup> Jun – EY Come & Play

Week beg 12<sup>th</sup> Jun - Intensive Swim Week – Y6 class

Tue 13<sup>th</sup> Jun – Reception Multi Skills Competition

Fri 16<sup>th</sup> Jun – Y1&2 Kinder Cricket Festival

Sun 18<sup>th</sup> Jun – Father's Day

Week beg. 19<sup>th</sup> June - Intensive Swim Week – Y5/6 class

Tue 20<sup>th</sup> Jun – UKS2 Football Competition

Week beg. 26<sup>th</sup> Jun - Intensive Swim Week – 5 class

Tue 27<sup>th</sup> Jun – Sports Day

Thu 29<sup>th</sup> Jun- Sports Day Reserve

Mon 3<sup>rd</sup> July – Swimming Gala Practice

Tue 4<sup>th</sup> July – Large Schools Swimming Gala

Thu 6<sup>th</sup> July – KS1 Picnic with parents

Fri 7<sup>th</sup> July – Y1&2 Kinder Cricket Festival

Tue 11<sup>th</sup> Jul – UKS2 Tennis

- Curriculum Committee & Main Governors

Thu 13<sup>th</sup> July – Meet new classes morning part 1

- **Y6 Graduation**

Fri 14<sup>th</sup> July – Meet new classes' morning part 2

Mon 17<sup>th</sup> Jul - Reports Out & Curriculum Evening

Tue 18<sup>th</sup> – FUN day

Wed 19<sup>th</sup> Jul - School Year Ends

