Beckstone Primary Newsletter



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Newsletter no. 2 October 2021



Dear Parents,

We are already over half way through the first half term of the school year. I would firstly like to begin by stating how very impressed I have been with the pupils' attitude and behaviour at the start of this year. This bodes very well for the year ahead which, as I spoke to the children about in an assembly, should be one of hard work, lots of learning but also lots of fun and enjoyment as the relaxing of many of the Covid restrictions will allow us once again to enhance and enrich the curriculum with visits and visitors. Indeed a draft plan of how we intend to do this is within this newsletter.

This month sees the return of parents into school parents' evenings. There is further information on page 2 of this newsletter and I would urge every family to ensure they have booked an appointment.

Finally, I would like to wish you all a wonderful half term when it comes. Please make clear the rules for your children when it comes to the resumption of trick and treating as their safety is paramount.

Best wishes,

Mr Warbrick

This newsletter has been sponsored by the following local businesses, please look out for their advert and support them when you can. Please mention that you have seen their advert in the school's newsletter!!

- Crone's Motors Limited
- Cumbria Coast Karate
- Harrington Pharmacy
- High Harrington Community Centre
- Robinsons & Co
- Step by Step
- The Wobbly Wand



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Harrington Pharmacy



25 Church Road Tel 01946 833565

- Free prescription collection service from Workington and Distington surgeries, for all ages
- Regular promotions throughout the shop
- Selection of household, baby and toiletry products. Plus, perfumes and gifts
- Free repeat medication check- up service

Opening hours Mon-Fri 9am-5.30pm Sat 9am-12.30pm



Meet the Teacher 'Drop In's -Monday 11th October 2021



Your child's class teacher should have sent you a link via Tapestry/Seesaw to book a half hour slot for our 'Meet the Teacher Drop Ins' at school.

These slots will enable your child to show you their classroom, share their work to date and will also give you an opportunity to meet your child's teacher and for you to discuss how they have settled in etc. There will be up to 4 other families in the room at the same time so if you wish to discuss something confidential then please speak to the teacher and request a phone call at another time.

Also within this time there will be an opportunity to taste the school meals and discuss them with canteen staff (please make sure you have time to finish your food before the time slot ends).. Our aim is to get as many children on to school meals as possibly as they fully comply with Government nutritional advice.

Please Note: There is one time slot per child so where there is split parenting there needs to be agreement on times. You may wish to choose the same time slot for more than one child or have separate ones. The times available are as follows, once there are 5 bookings for a time slot it will become unavailable:

- o 3.30-4pm
- o 4.10 4.40pm
- o 4.50 5.20pm
- o 5.30 to 6.00pm
- o 6.10 to 6.40pm o 6.50 to 7.20pm

Educational Research shows that where schools and families work closely together the child's perfortmance at school is invariably improved. As a result we would very strongly urge all families to make an appointment as soon as possible.

Please do not enter the building until the start time of your slot, this will give us time to ensure Covid safety through surface cleaning and limiting numbers in the building at any one time. Thank you in advance of your co-operation, better safe than sorry! At the end of the time slot the bell will ring and you will be asked to leave the building. If you have other times to meet teachers of your other children please wait outside in the shed or your car until the next time slot.

There will be no crèche on this day. If possible please arrange other childcare, if that is not possible then siblings can attend the drop in.

Once you click on the link sent to you via Tapestry/Seesaw you will be asked to select a 30 minute window for your meeting. You will be asked for your name, email address (to send a confirmation link) and will be provided with the option to invite others e.g. the other parent.

Please let us know if you have any difficulties and we will be happy to help.

School Lunches - BEST choice

As part of the 'Meet the Teacher' evening there will be school meal tasting in the Dining Hall. Please come along and try tasters of our school



meals, you hopefully will be impressed at the quality of meals.

"I really like having hot lunches - they keep you warm on cold days!"

Taking school meals is the option the school would favour you to do. The meals are good quality, are stringently checked against nutritional guidelines and the children get **5** (!) choices of main course daily so there should always be something your child would like (a hot meal of the day, a vegetarian choice, a sandwich choice, a pasta choice or a baked potato choice). The Children in Reception, Year 1 and Year 2 receive free meals, the cost for a child in KS2 is £2.40 per day or £12 for the



week and for Nursery children it is

£1.70 a day or £8.50 a week.



The menus for this term are displayed on our web site, simply follow the QR code.

If you are entitled to free school meals then please claim them even if your child receives a free



infant meal as it also entitles you to a uniform grant. The school receives additional funding for every free school meal child and families also

receive money towards school free school meals and clothing vouchers are available for your child(ren) if you receive one of the following qualifying benefits:

- Income Support (IS)
- Income Based Jobseekers Allowance (IBJSA)
- An income related Employment and Support Allowance
- Support under part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, provided you are not entitled to Working Tax Credit and have an annual income (as assessed by Her Majesty's Revenue and Customs) that as of April 2012 does not exceed £16,190. Note: From 1st May 2009 where you are entitled to Working Tax Credit during the four week period immediately after your employment ceases, or after you start to
- work less than 16 hours per week, your children are entitled to Free School Meals, this may be extended
 - The Guarantee element of State Pension Credit
 - Universal Credit

For further details please visit

https://cumbria.gov.uk/childrensservices/schoolsandlearning/freeschoolmeals.asp or follow the QR code.



Packed Lunches



The school strictly

adheres to the Children's Food Trust guidelines as advised. As a result if you do have to send your child with a packed lunch then please make sure their lunches comply with the guidance below. In addition please note all packed lunches are stored at room temperature, we do not have chillled facilities for them.

Food and drink in packed lunches: what the policy states

- The school will work with parents to encourage packed lunches to meet the standards listed below.
- As fridge space is not available, pupils are advised to bring packed lunches in insulated bags with freezer blocks where possible.

Packed lunches should include:

- at least one portion of fruit and one portion of vegetables every day.
- meat, fish, eggs, or a non-dairy protein (e.g. lentils, kidney beans, chickpeas, houmous, peanut butter, falafel) every day.
- oily fish, such as salmon, at least once every three weeks.
- a starchy food such as any type of bread (white or wholegrain rolls, pitta bread or wraps), pasta, rice, couscous, noodles, potatoes or another cereal every day.
- a dairy food such as milk, cheese, yoghurt, fromage frais or custard every day.
- a drink of water, fruit juice or smoothie (maximum portion 150 mls), semi-skimmed, 1% fat or skimmed milk, yoghurt or another milk drink.

Packed lunches should NOT include:

- salty snacks such as crisps instead include nuts, seeds, vegetables and fruit with no added salt, sugar or fat.
- confectionery such as chocolate bars, chocolatecoated biscuits, cereal bars, processed fruit bars and sweets
- sugary soft drinks, such as squash and fizzy drinks (even if labelled as 'sugar-free', 'no-added sugar' or 'reduced sugar' as these drinks can contribute to tooth decay and provide little nutritional value).

There is a misconception that crisps or salty snacks are allowed in packed lunches (often quoted as a Friday treat). **This quite simply is not the case** as can be seen from the guidleines above. See the image below for the harm it can cause to young developing hearts.





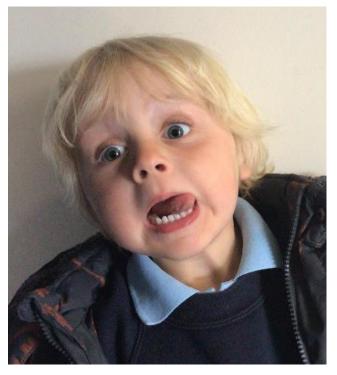


Gurnina



In recognition of the 'World Gurning Championship' that takes place every year at Egremont Crab Fair the school held its own annual Gurning competition which was enjoyed by all. The final took place between Hayden

from Y3 and Cooper from Nursery with Cooper winning the event, He is pictured below. Congratulations to all the children who took part, they were great sports!



School Photographs

You should have received proofs of your children's photos on Thursday last week. Please can orders be made online by THIS coming Monday (4th October). Orders within a 10 day period have FREE P&P. It is better for school if you order online as the school benefits from increased commission.



The photographer will return on Thursday 28th April 2022 for class photographs.



Food & Drink

- School meals cost £12 per week or £2.40 a day payable on ParentPay
- Milk is vital for growing children as it strengthens bones and teeth. Children in Reception and Nursery are

entitled to free milk as are children who are eligible for free school meals and clothing vouchers (not the universal free meal for all FS & KS1 children). The cost of milk for the next half term is £9.00 and needs to be paid by Friday, 5th



November via ParentPay NOT cash or cheque. If you need help with this please see the School Office. Due to the administrative burden of checking attendance and the inability to change the order daily unfortunately milk money cannot be refunded for absence.



- Snack money for Nursery and Reception is also paid by ParentPay and is due by the same Friday, 5th November, the cost is £7
- Fruit tuck shop money from Year 1 up is also paid this way, £7 for next half term by Friday 5th November





Nathan Doyle - Cert RP **Education Consultant**

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01772 774137

Step by Step Education Ltd

80 Lytham Road

Fulwood

Preston

PR2 3AQ

Follow us on: fin 💟 💿



www.stepbystepeducation.co.uk

Latest Covid Update

The responsibility for following up positive Covid cases lies with NHS track and trace and not with schools. As a result, unless there is what is classed as an 'Outbreak' there will be no class sent home unless directed to the under Public Health school guidance if there is an 'Outbreak'.

Due to rising cases in Cumbria (see figures alongside) and increasing pressure on the hospitals however local guidance changed last week. This is reproduced on the flow chart on the next column. It is only a small tweak involving siblings but is aimed at reducing Covid spread. We hope the flow chart helps. Under the current guidance it only applies to children up to the age of 18. If an adult in the household has tested positive for Covid the children can attend school as long as they are not showing any symptoms and the infected adult doesn't bring them.

Please have contingency child care plans at the ready as schools have been advised to send pupils home

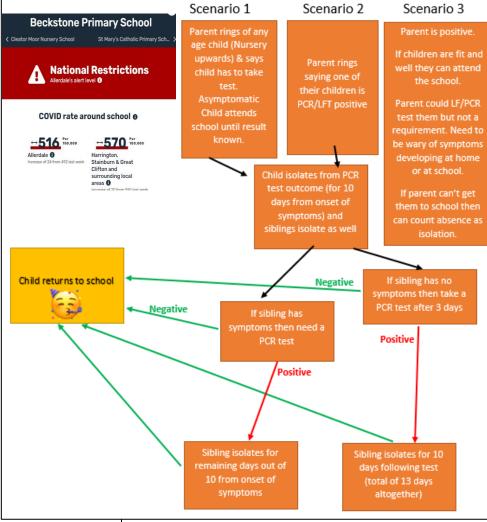
if they are displaying Covid symptoms (see below). A Covid Summary is available in the 'News & Events' section of our web site

http://www.beckstone.cumbria.sch.uk/news and eve nts/covid-alerts.html

What are the Symptoms of Covid?

There is a simple video that explains what to look for with regard to Covid symptoms as compared to other illnesses. It can be seen by clicking on the link in the noticeboard on the school web





using the QR code or clicking https://www.bbc.co.uk/news/av/health-54182329

The NHS has produced some guidance to help parents understand when their child can and cannot attend school which you may find useful. There is a link with further details in the 'News & Events>Covid Alerts section on our web site or by following the QR code or by clicking here https://www.bbc.co.uk/news/health-51048366

Lateral flow tests are available for asympotamitic testing for yourselves or other adult family members, these are not advised for Primary aged children. These are available by post from Gov.uk, some pharmacies or from Allerdale house.

If you suspect you or any member of your family including children have Covid then you should go for a PCR test.

Arranging a Test

Testing can be arranged via the national portal: https://www.gov.uk/get-coronavirus-test

Winter, Covid Guidance & Heating

The current Government guidance to schools is very clear that they should be well ventilated and have windows open to ensure a free flow of air. There are of course some issues that arise from this guidance once the air temperature outside

Firstly, the school will naturally be colder than normal



falls.

so it is perhaps prudent for your child to wear a vest or T-shirt under their usual uniform. We are allowing children to wear navy fleeces on top of their uniform in class for added warmth if needed. Ones with a school logo on can be ordered here:

https://www.borderembroideries.co.uk/schools/beckstone-primaryschool.html

or by following the QR code

They cost between £15 and £20 depending on the size.





Covid Information & Alerts

We keep our Covid Zone up to date and it can be found in the news and Events section of our web site.

Covid Alerts



Remote Education Guide for Parents

Suspected Coronavirus - keeping safe at home

Covid symptoms - what are they and how do I protect myself?

Flu Vaccine

To help in the identification of any possible symptoms of Covid we have arranged for our flu vaccination programme to be relatively early in the school year. Flu vaccinations will take place at school on Wednesday 20th October for all years from Reception upwards. It is particularly important all children get vaccinated this year so there is no confusion between flu and Covid symptoms and for health reasons as scientific research has shown that the body finds it hard to cope if trying to fight more than one viral infection at any one time.



It is a nasal spray vaccination ((Fluenz Tetra®)) and will not only help protect the children from getting flu but it also stops them spreading the disease to their family, carers and the wider population. As flu viruses change

each year last year's immunisation for those that had it will not be effective.

The vaccination is a nasal spray and is not painful. The school pupils have been brilliant at receiving it in recent years.

You will receive consent forms. PLEASE ENSURE THESE ARE RETURNED TO SCHOOL. The only children who will be excluded are those where there is contra-indicated medical advice and there are very few this will apply to across the country.

Parents of younger children may like to know that children aged 2 upwards and also in Nursery can receive their free vaccination through their GP or Pharmacies. Harrington Pharmacy offers this service and is very handy for school.

Flu vaccinations for adults are also available on request at Pharmacies or large supermarkets for an average £10 fee.

Give Blood - Help Save a Life!



Giving blood to support others is a wonderful selfless act that helps fellow citizens. Who knows, a member of your family may rely on

someone else's blood donations to save their life at some point.

The next donor session you can book online is Tuesday 9th November from 3pm to 7pm both at Energus, Lillyhall. You can book an appointment online.



Do something worthwhile and save someone's life

Further details and booking details can be found at www.blood.co.uk



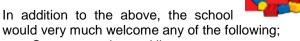
Walk to School



We are continuing with this County initiative this year. There will be further details of the reward system in subsequent newsletters. In the meantime please try and let your

child walk to school, (or walk with them) at least once a week to help the environment and also to ease traffic issues.

Donations Needed



- Games, puzzles and jigsaws
- Construction Equipment e.g. K'Nex,
- Meccano or Lego
- Railway or road sets especially Thomas the Tank Engine
- Bikes and Trikes for Nursery & Reception
- Good quality books
- Comics/games for wet playtimes

Thank you in advance for any donations.



Easy Fund Raising



Did you know that whenever you buy anything online – from your weekly shop to your annual holiday – you could be raising **FREE** donations for Beckstone Primary School with easyfundraising?

There are over 4,000 shops and sites on board ready to make a donation – including eBay, Argos, John Lewis, ASOS, Booking.com and M&S – and it won't cost you a penny extra to help us raise funds.

All you need to do is:

 Go to https://www.easyfundraising.org.uk/causes/b eckstoneprimary/?utm_campaign=raise-more and join for free.

- 2. Every time you shop online, go to easyfundraising first to find the site you want and start shopping.
- After you've checked out, the retailer will make a donation to Beckstone Primary School at no extra cost to you whatsoever!

There are no catches or hidden charges and we will be really grateful for your donations that will enrich your child's experiences at school.

Thank you for your support.

Safeguarding/Child Protection

Full details the on county's policies. procedures and processes with regard to safeguarding plus analysis of outcomes of serious case reviews can be accessed through the Cumbria LSCB Web Site at

www.cumbrialscb.com

the site also has a parental information zone.

Safeguarding is

everyone's

responsibility.

In addition to the above the school has a 'Safeguarding Zone' on its web site which contains the above link as well as relevant school policies, further information and a diagram showing how we keep your child safe in school. It is well worth a look.

Sharing information is in the best interests of children and their safeguarding. The school reserves the right to share and receive information from other agencies that may have had dealings with your child.

If you ever have any concerns about the safety or wellbeing of a child, then you can ring your concerns through to the County's 24 hour 'Safeguarding Hub' number and you can remain anonymous if you wish. Callers can outline their concerns and the Safeguarding Hub will give



advice (consultation) and if necessary undertake an assessment of need.



0808 800 5000

Operation

Encompass

REVISE WISE CLUBS

There is now also an adult NSPCC helpline where any concerned adult can seek advice if they are concerned about a child and would like advice on whether to make a referral. The number to call is

Domestic Violence

Debbie Cook, our Educational Support Manager has trained

to be a 'Domestic Violence Champion' and is a resource available to any adult who would like to confidentially share incidents with her and is a very good source of advice. Just contact the School Office to get in touch with her.

Domestic violence is on the increase and causes terrible harm to victims and the associated children.

It is everyone's responsibility to ensure it is eradicated. We are working closely with the Police and the school will learn of any incidents to support any children whose lives are affected by such an occurrence.

Revisewise

Free revision classes for Year 6 children take place weekly on Wednesday and a Thursday from 8.20 to 8.50am. Please encourage your children to attend as it has proved to impact on their outcomes in Year 6. Children need to queue at the back gate for entry from 8.15am.

All Year 6 children should be attending

Free Gardening Equipment from Morrisons

Morrisons are offering free gardening equipment for schools up to the 24th October. To help the school just download the 'MyMorrisons' app, head to the 'It's Good to Grow' section, select Beckstone to donate tokens to. You will get one token for every £10

spent. Thanks in advance! We currently have 23 collectors and 182 tokens but ideally would like loads loads more!



Reading

One constant homework is to read (or be read to) for at least 20 minutes a day. We would urge every parent to ensure this happens. As explained above we need parents to check the understanding of the text they have read by asking pertinent questions



about it. Below are some ideas to ensure this time is a useful learning experience – READING is the key to all learning and it is the main thing that parents can really do to support their child (ren) with their school work.



As a reward for those reading at least 5 times a week at home they become eligible to be part of the fortnightly 'Strive for Five' draw. Each year group winner will receive a book and chocolate for the parent(s) who

have supported at home. Please use this as an incentive to read regularly with your child ©

Curriculum Overview 21/22

On the next page is a plan for your child's areas of study for this year and hopefully some of the planned enrichments. Please look at what your child will be studying and plan any trips out/visits and even presents that would enhance these areas of learning.



Big Questions

Curriculum

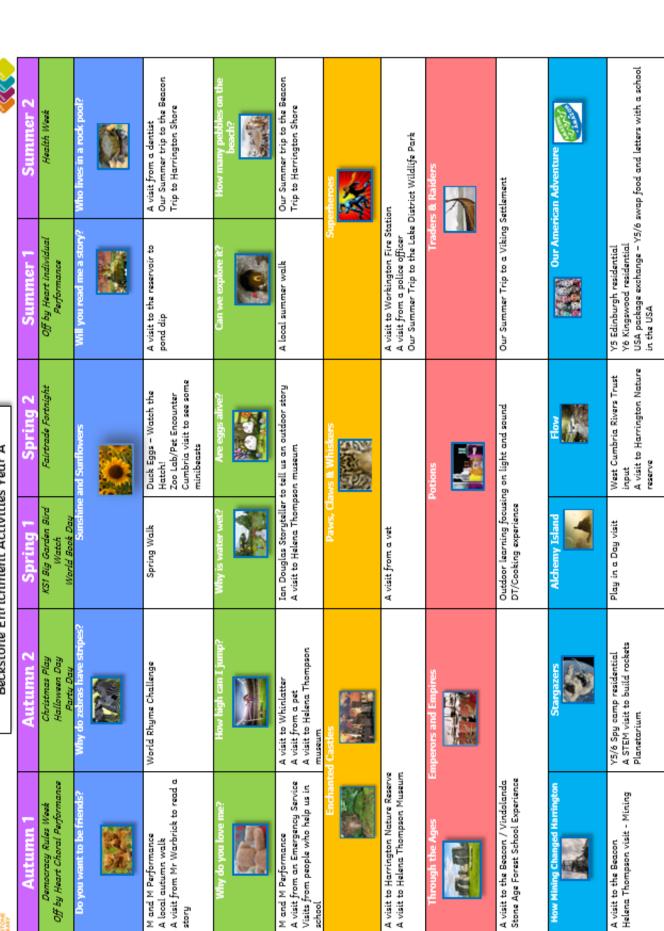
Enrichment

μO

Activities

Additional

Beckstone Enrichment Activities Year A





Enrichment Activities

Our

Enrichment

Our

Year 182 Activities

38.4

Enrichment

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Activities

5 & 6

Year

Enrichment

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Activities

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Non-Uniform Days

The 'Jeans for Genes; day raised an

astonishing £327 for charities supporting

children with genetic defects, thank you for your

support.

The non-uniform day in October is on the 15th October to support antiracist charities.



WORLD'S BIGGEST COFFEE W MORNING

Macmillan Coffee Morning

The Macmillan coffee morning last Friday raised an astonishing £1,224 for this worthwhile cause. A BIG 'Thank You' to all for their

donation of cakes, donations of money and for supporting the event. A special 'Thank You' goes to Mrs Chambers who is the driving force behind these annual amazing events.

Charitable Events & Giving

An aim of the school is to educate the children to be global citizens and to have an understanding and empathy for those less fortunate than themselves.



We understand charitable events may impact on families who are struggling at this time and we want to remind everyone that there is no directive to donate and no minimum size of donation. Donations for charitable events and non-uniform days are voluntary and no-one in class will know whether you donated or not (another positive for the ParentPay system) so there is no stigma attached to non-donations.

At the Macmillan coffee morning for example cake donations were collected but every child got a cake. Donations can be of any size.



Circuits



'Circuits Days' will take place each half term this school year. They will be on a Thursday or a Friday depending on the day your child has their PE session. As they are now coming to school in PE Kits on those days anyway there is no

need for different clothing on these days. The dates are on the back of the newsletter and are pertinent as they take place in the middle of this month.

Advertisements

If you run a business or know of someone who does (even baby-sitting services) then please do get in touch with the School Office. An advert costs £5 a month, goes to at least 500 local households (parents, staff etc.) and also provides much needed funds for the school. Adverts are subject to the approval of the Governing Body.







0 - 19 Child and Family Support Service -

Allerdale



Busy Builders

Our Brick Club is based on LEGO therapy and is around collaborative play in which children work together to build LEGO models. The aim of the group is to help children to develop social interaction skills in a friendly, fun setting. Children will be able to practice key skills of collaboration, joint attention, sharing, turn taking, eye contact, communication, social problem-solving and compromise all whilst having fun and building some amazing models.

Suitable for children ages 6-10 years.

Sessions will take place at:

Workington Children's Centre

Dates: Mondays 27th September to 6th December

Time: 3.30pm to 5pm



For further information or to book your place, please contact:

Joanne Dixon on 07815686886 or by email at joanne.dixon family-action.org.uk

Kim Broatch on 07815687434 or by email at kimberley.broatch family-action.org.uk

Coats

We are now asking all children to wear their coats at lunchtimes and playtimes over the winter months. Please ensure they come to school with a coat and one that has their – thanks!



School coats which are fully waterproof and have a hood and reflective strips are available online from Border Embroideries.

.https://www.border-

embroideries.co.uk/schools/beckstone-primaryschool.html

Extreme Weather/Heating Emergencies

With winter here it is to be hoped that inclement weather is not serious, and that the heating system works effectively. If this happens not to be the case and the school

is forced to close, then the following will be sources of information:

- A text message will be sent to all parents (it is of vital importance we have an up to date mobile number contacts for every child)
- The County Council web site carries information on schools that are closed
- CFM and Radio Cumbria will be informed, and closure details will be included in their broadcasts
- If the school web site will be updated underneath the 'Weather Warnings' link



KARATE

ADULTS, TEENS, BOYS AND GIRLS, AGED 6 YEARS OLD ABOVE

HIGH HARRINGTON COMMUNITY CENTRE

TUESDAYS 6pm-8pm SUNDAYS 5pm-7pm

LAMPLUGH VILLAGE HALL MONDAYS 6pm-8pm ST BEES SECONDARY SCHOOL MEMORIAL HALL THURSDAYS 6pm-8pm

IN MARTIAL ARTS

THE GATHER ENNERDALE WEDNESDAYS 6pm-8pm

LEARN KARATE IN A FAMILY FRENDLY CLUB BILLD SILF CONTICENCY IMPROVE SELF ESTERN IMPROVE FITNESS LOSS WEIGHT

FOR MORE INFO OR TO ENROL CAL

07543 876490

THIS NUMBER DOES NOT ACCEPT TEXT MESSAGES

ALL INSTRUCTORS ARE FIRST AID TRAINED AND DBS CHECKED

Nursery Intakes

Children born between 1
September 2018 and 31
December 2018 can
receive their free 15 or 30

hours a week from January 2022.

Children born between 1 January 2019 and 31 March 2019 can receive their free 15 or 30 hours a week Nursery education from April 2022.

Children born between 1 April 2019 and 31 August 2019 can receive their free 15 or 30 hours a week from September 2022.

If you know of any children with birth dates between these times and would like their child to come to this school, then please ask them to get in touch with the School Office as soon as possible.

Forms for applying for any of these intakes can be downloaded from the Cumbria County Council web site

https://www.cumbria.gov.uk/childrensservices/schoolsandlearning/lss/schooladmissions.asp (or use the



Beckstone Breakfast Club

QR code) ring the School Office and we can post them out. When returning the form we need to see the Birth Certificate and a proof of address



Our extended services include the Breakfast Club

(£4.00 from 7.30am, £3.50 from 8am) Last entry is at 8.30am; Educare (our popular afternoon child care provision for morning Nursery children – see table at the top of the next page – please note these places **MUST BE BOOKED IN ADVANCE**) with pick up times at 2.15pm and 3.15pm Please note that unfortunately we are unable to offer facilities for packed lunches for Nursery children.

Beckstone Xtra (again £3.50 an hour) runs from the end of the school day until 5.15pm with an earlier pick up time of 4.15pm if required. Beckstone Xtra is available from 3.15 to 5.15pm for anyone who books



in advance via bookings@ beckstone.cumbria.sch.uk or simply use the QR code.

The prices for our extended services are extremely competitive to support families in these difficult economic times. The

price per hour is only £3.50. This is very good value and an extremely competitive rate for child care.





30 HOURS ENTITLEMENT

Sessions will run from:

11:50 a.m. - 2:15 p.m. (2 hours)

11:50 a.m. - 3:15 p.m. (3 hours)

A charge of £1.70 per day will be required to cover the cost of a school dinner and midday care.

Payment can be made in cash in a named envelope or by Computershare or Edenred Childcare Vouchers.

Please contact the office to book Educare or for further details.

NON-ENTITLEMENT

Sessions will run from:

11:50 a.m. - 2:15 p.m. = £10.20 (including lunch)

11:50 a.m. - 3:15 p.m. = £13.70 (including lunch)

Payment can be made in cash in a named envelope or by

Computershare or Edenred Childcare Vouchers.

Please contact the office to book Educare or for further details.

Please note 30 hour Scheme can be used in Breakfast Club and Beckstone Xtra

Recent Outdoor Developments

We have a new adventure playground that was open to the pupils this week:

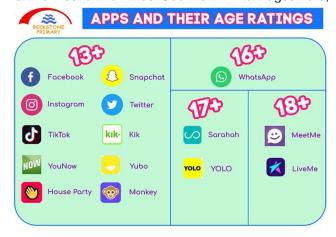


We also have an artificial cushioned surface under the fort in the Reception garden for additional safety but also to make it completely accessible even during wet winter months:



Social Media

Social media sites have a legal MINIMUM age for a reason, children's brains are not mature enough to understand texts out of context or share things that are inappropriate. Whatever they post could haunt them for their rest of their lives. See the minimum ages here;



We strongly urge you not to let your children use these sites.

There is a parental guidance video presented by our own Ms Gorman on our web site which is well worth a watch. It is in the 'Parent Info'zone or follow the QR code.

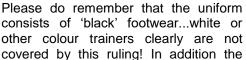


Please protect their childhood and innocence. Please blame the school and if they say "Everyone is on them" then that is certainly not true! Tell them to say that to Mr Warbrick!!

Uniform

A reminder that the uniform for Beckstone Primary is as follows:

- Dark navy sweatshirt
- Sky blue polo shirt
- Dark grey or black trousers/skirt
- Blue gingham dress
- Black shoes/trainers (with no logos)





shoes should be plain with no logos to prevent any additional expense for families.

Also please note only natural hair colours are allowed, there should be no dying of hair that incorporates colours such as red or blue. Finally please note that the PE Kit on PE days should consist of **black** leggings/joggers and **black** trainers with no logos (please remember this when replacing their current ones), a light blue T shirt and sweatshirt on top. If it is a gymnastics day they can wear their shorts under their leggings/joggers.

HARVEST

Harvest

October is traditionally the month of Harvest. To mark this celebratory time of year Key Stage 1 children will be performing Harvest songs for the school on **Monday 11th October** in an assembly where we are asking for food donations for the local Foodbank. Further details of the food that would be welcomed are below.

Our Key Stage 1 pupils will then sing their Harvest songs in Church for parents from 2pm on Monday 11th October. All parents are welcome. Parents to wear masks at the request of the Church – thanks.

Children can go home from Church with a parent or will be escorted back to the school for the end of the school day.



School Harvest Appeal 2021

HELP SUPPORT YOUR LOCAL COMMUNITY

WITH A FOOD HARVEST COLLECTION

PLEASE HELP

Every year North Lakes Foodbank feeds around 6,000 people who are in 'Crisis'. Crisis is a term we use to describe someone who is going through a difficult time which have may a financial impact and leaving them short of money to buy food for a few days. When someone is in 'Crisis' they may be entitled to a food parcel which will give emergency food for 3 days.

Please help by donating any of the food items listed.



HARVEST SHOPPING LIST

Milk UHT full fat Fruit Juice UHT 1 ltr Tinned Meat Balls Tinned Hot Dogs Tinned Chicken in white Sa Sponge Pudding Tinned Tuna Tinned Fruit Jam Tinned Veg Tinned pasta eg Ravioli Pasta Sauce Tinned Custard Tinned Rice Pudding Baked Beans Instant Mash (single packets)

North Lakes Foodbank, Lorton Street Methodist Church, Lorton Street, Cokermouth CA13 9RH.

Tel: 07733338352 Email: stuart@thefoodbank.org.uk Charity Number: 1067541





Foodbank Donations

Recent events have shown that



the school can be a focal point for

supporting some of our more vulnerable school families. We are again reverting to links with the local Foodbank to provide food for those most vulnerable in our community. Donations are very much welcome and there is a collection bin in the green hut at the top of the school hill.

To support this initiative please think of our more vulnerable community members and buy some non-perishable food items you think would help feed children and donate regularly.

Swimming

Swimming this year will focus on UKS2 with Year 6 swimming this term and Year 5 in the



Spring. The sessions will be an intensive one week of one hour sessions with an aim to get all children being able to swim 25m before the week is out (the minimum National Curriculum expectation).

The weeks this term are:

6HG/CC: Week beginning 4th October

6JM: Week beginning 15th November

Children will need a bag, a towel, appropriate swimwear and a hair brush or comb. Time is tight and the children will not have time for any 'beauty' treatments before returning to school on the bus!

Please can all note that <u>swimming is statutory and all should take part unless medical advice states otherwise.</u> There is no better sport for overall health than swimming. It's great for your heart and circulation, provides natural, low-impact resistance for building muscle and as it challenges your body it will help release endorphins - your body's natural pain and stress fighters which can fight off infection and also make you feel happy.



These take place each half term. The ones planned for this half term take place in the last week of this half term with Reception & Key Stage 1



on Monday 18th and Key Stage 2 on Wednesday 20th. The films have a Halloween theme and are Monster Family for Reception and Key Stage 1 and The



Witches for Key Stage 2. Further details will go out in the near future.

The cost for each night is £6, which will be payable on parentPay. The cost includes care and copious refreshments.



How much sleep do children need?

Below are the approximate hours of sleep <u>needed</u> by children of different ages, as recommended recently in a Government Health report. We thought it may be of interest to you particularly when discussing bedtimes!

3 years

daytime: 0 to 45 minutes

• night-time: 11 hours 30 minutes to 12 hours

4 years

night-time: 11 hours 30 minutes

5 years

night-time: 11 hours

6 years

night-time: 10 hours 45 minutes

7 years

• night-time: 10 hours 30 minutes

8 years

night-time: 10 hours 15 minutes

9 years

night-time: 10 hours

10 years

night-time: 9 hours 45 minutes

11 years

• night-time: 9 hours 30 minutes



Halloween



The last Friday of this half term, the day we break up (22nd) will be a Halloween, spooky themed day and your child is invited to come to school in costume and everyone who comes in a costume will be able to parade for the school.

(Costumes can be sourced at competitive prices from supermarkets nearer the time).

There will also be a Halloween themed lunch and parties with refreshments for all year groups (including

Nursery!). The FAB are funding many of the festivities but a £1 donation towards costs would be

ParentPay

most welcome and this can be paid through ParentPay







School Funds

We need donations to this fund as funds are really REALLY



tight. The school fund is purely donation based and is used to buy many consumable items and fun activities outside the remit of the school budget for the pupils as well as many other things for school that enable us to provide services free of charge.

Please have a ratch down the sofa or anywhere to find some spare money to donate to the school to support all the children.

Please help if you can by donating to this fund.



Now we have the ParentPay system we can offer the



facility for families to make an automatic School Fund donation on a monthly basis, from their bank account even £2 per month would cumulate to a great fund to support

activities in school. If you would like to support the school in this way please contact the School Office for further details on how to set this up or, if you would rather, for direct debit details.

amazon A

Amazon Smile

If you order from Amazon via the Amazon Smile app then Amazon will donate money to the school if you

select Beckstone Primary School PTA & Friends from their Charity list. Please support this if you can.



Allerdale Lottery

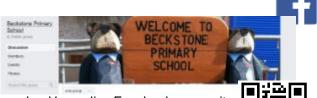
Allerdale's lottery is now live with a monthly draw. The top prize is £25,000 and it costs £1 a ticket. If you are going to play and you buy your ticket through our own Beckstone Primary Page then the school will receive **50p** for every ticket sold through our part of the site going forward. You can play once or pay by direct debit which costs £4.34 a month for one ticket in every weekly draw.



There are a number of ways of winning. We have over 60 players assigned to our school and many have already won prizes!! For more information and to play through our page please go to: https://www.allerdalelottery.com/support/beckstone-primary-school or use the QR code:

Please share this link with friends and family.

Facebook



The school has a live Facebook page – it is called "Beckstone Primary School (Official Facebook Group)", you should be able to search for the group or you can use this address or QR code.

https://www.facebook.com/groups/1922762928000636

The top of the Facebook page should look like the image above...there appears to be other sites with the school name on but these are not official:

We have created this page to let you know when our school website is updated and to send messages. It is for information only and doesn't accept comments.

If you are a Facebook user and would like to receive news feeds and updates about the school, then don't forget to 'join' the group and select the "see first" button. The Facebook page has open access and will also contain links to updates on our web site and messages from school – there is no facility to message school, please use other methods. As a result, any photos etc. will only appear from our web site following clicking on a link. It is hoped this will dissuade children who are under 13 using Facebook but will allow adults to receive updates about the school.

Indeed, please note no children should have Facebook accounts under the age of 13 and applications to join the group will be refused/accounts will be deleted.



QR Codes

QR stands for 'quick response'. QR Codes, if you don't know, are those funny black and white boxes you see in newspapers and magazines such as the image

alongside. These are placed within this newsletter at relevant points to give you quick access to websites mentioned. All you have to do is install a free QR code reader to your phone/tablet, just search the App/Play

Store using 'QR', and simply scan the code or you can just use your camera with more modern phones.

Why not try downloading it and scan this code and see if it works. It should take you directly to our school web site.





High Harrington Community Centre

The Community Centre is in

Crooklands, High Harrington and is colloquially known

as the 'Green Hut'. It is a very competitively priced and useful resource for all in the community to use.

To hire this facility for any event once Covid restrictions are lifted for gatherings indoors then please contact Marjorie Rae on 01946 831004. The venue can be used for children or adult parties, meetings etc. and hire rates are very reasonable indeed once these are allowed. If you do hire this venue, please let Marjorie know you read about it in this newsletter.

The Ladies Club which runs every Tuesday from 1.30 to 3.45pm. A great opportunity to get to know new people and make new friends.

Ladies Club

Tuesday from 1.30 to 3.45pm at High Harrington Community Centre.



All ages are welcome to attend.

"A great opportunity to get to know new people and make new friends"

Bingo

Due to the number isolating we decided to postpone Bingo at the end of term. This will now take place on Thursday 21st October, the penultimate day of term

We are asking parents for a donation of £4 towards this event (sweet cone, crisps, drink & Bingo book). This can be paid through ParentPay. For all those that paid in the summer then of course this credit will be carried forward. If you are not sure please contact the School Office.

It was great fun last time and all children and staff really enjoyed it.

Class Assemblies & Other Performances

These can resume under new guidance. As a result each Stage in the school will put on a collaborative performance and there will be

class assemblies from Y1 to Y5.



Early Years will stage Nativities with Nursery's performance for parents on Tuesday 7th December at 9.30am and Reception's on Wednesday 8th December at 9.30am.

Key Stage 1 will stage a Harvest Service for parents at Church at 2pm on Monday 11th October. Parents to wear masks at the request of the Church – thanks.



Lower Key Stage 2 will stage a Christmas service on Tuesday 14th December at 2pm. Parents to wear masks at the request of the Church – thanks.



Upper Key Stage 2 will stage a Christmas Service on Monday 13th December at 2pm. Parents to wear masks at the request of the Church – thanks.

Finally Year 6 will stage their Graduation performance on Thursday 14th July 2022.

Class assembly dates are as follows:

1AF – 11th March 2022 1/2AB/KM – 18th March 2022 2SF – 28th January 2022 3LS – 29th April 2022 3JWa – 13th May 2022 4AN – 20th May 2022 4AR – 6th May 2022 5LJ – 14th January 2022 5DP/AC – 17th June 2022



We hope you will be able to support these events, if not there will be videoed versions available from the School Office.

Performance Recordings



Traditionally we have filmed performances and made DVDs available to purchase for parents at



a cost of £3. We realise now that many families do not have DVD players anymore so can offer access to recordings via a protected site. Further details will go out when appropriate. There will be a charge as the funds raised from performance sales are vital for the school and we trust access won't be shared with other parents or on social media for this reason.

Lost Property

The 'Lost Property Bench' has already had to be emptied! We cannot stress enough how important it is to label all your child's clothing



and then it can be returned to them. Your children also need to take responsibility for going home from school with all the clothes they came in!

Attendance



It is of the utmost importance to your child's education that they attend school consistently as learning is planned in a progressive way and one day follows on from the next in each subject. Of course there will be

times when a child is too poorly to come to school or they have to isolate (the latter does not count as an absence on their attendance records). However these should be rare events as prompt regular attendance will really help your child do well at school.

Childline



If you are concerned about the emotional health and wellbeing of your child then the

charity Childline has a distinct web site for children of Primary age called Childline kids. The details are below: https://www.childline.org.uk/kids

The site is very child friendly and contains advice on the following areas.



In addition there are games to play, a mood calendar so you can spot patterns as well as an art box for children to draw their feelings if they are reluctant to talk. The phone line now has responders who deal solely with Primary aged children.





Parent Governor

We have had 3 applications for the position of Parent Governor. As a result there will be elections next week.

The 3 candidates are Laurie Black (pictured below)



Danielle Leigh (pictured below)



and Simon Turk (again pictured below).



They have all written statements to support their candidacy. You will receive a link by text TODAY (1st October) to the ballot form which will include their statements for you to read to make an informed choice. There are 2 vacancies and the successful candidates will represent your views for the next 4 years so it is important choice as the Governors decide the policies and direction of the school. You have until next Thursday (7th October) to register your vote. You will need to enter your email address to vote and there is only ONE vote per parent allowed.



Governors

The first face to face Governors' meeting since the last lockdown will

take place this month on Tuesday 19th October. There is a lot to discuss and there will be a report in the next newsletter.

Lantern Making & Parade



There will be a lantern parade at 6pm on Thursday 4th November from school to the Nature Reserve. Children are invited to take part with torches. lanterns or musical

instruments. Some Year Groups will be making their own lanterns in school. The event is being organised by Workington Nature Partnership. You are welcome to join your children in the Parade and will need coats and hair tied back. There will be more information in the newsletter that will go out immediately after half term.

Lockdown Tiled Wall Commemoration

We are also working with 'The Crafty Workshop' to develop a rainbow tiled mural at the top of the school hill which would



include self-portraits of all the children who were at the school during the 2021 Pandemic lockdown. Last year's Year 6 have already created their tiles. It is hoped work will start on these before half term.







BBC & Children in Need

The school has been contacted by the BBC and the BBC would like to film the school singing and dancing to 'Right By Your Side' by Calvin Harris. We will begin practising soon and hope to update you in next month's newsletter.

Half Term Activities

Holiday Activity Ideas



Please do make use of our 'Holiday Activity Zone' in the Parent Information

Zone on

our web

site. Whenever we get information about events and activities that take place in the school holidays, we post them to that zone.

Remembrance Parade

The school will also be joining in the Harrington Remembrance Parade in

the morning of the 14th November. The Parade will leave the British Legion at 9.15am and arrive at Church at 10am for a service and then a commemoration at the Cenotaph afterwards. We will soon be looking for pupil

volunteers to represent the school on this historic occasion. Mrs Beecroft, Ms McKeating and Mrs Holliday have all kindly volunteered to lead the Parade for the school. Further details will be issued immediately



after half term



We say goodbye until the end of the school year to Ms Gorman and Ms Maskew this month as they start their maternity leave. We wish them both well and look forward to hearing and seeing their new children. We will of course relay information on the new births to you via this newsletter.



Term Dates until Summer 2023

| 2 | Autumn 2021 | Spring 2022 | Summer 2022 | Autumn 2022 | Spring 2023 | Summer 2023 |
|---------------------|---|---|---|---|---|--|
| Start of Term | Thursday 2nd September | Wednesday 5 th January | Wednesday 20 th April May Day – Mon 2 nd May | Wednesday 7 th September | Wednesday 4 th January | Monday 17 th April May Day – Mon 1 st |
| Half Term | Monday 25 th October - Friday 29 th October | Monday 14 th February – Friday 18 th February | Monday 30 th May - Friday 3 rd June | Monday 24 th October - Friday 28 th October | Monday 20 th February – Friday 24 th February | Monday 29 th May - Friday 2 nd June |
| End of Term | Thursday 16 th December | Friday 1 st April | Wednesday 20 th July | Tuesday 20 th December | Friday 31 st March | Wednesday 19 th July |

October





Week beg. 4th Oct – 6HG/CC - Intensive swimming week

Mon 4th – 1AF/RM trip to Whinlatter

Tue 5th – Y1&2 football competition at St Joseph's

Wed 6th – Y1 hearing tests

Thu 7th - 1AB/KM trip to Whinlatter

Fri 8th – 2SF trip to Whinlatter

Ms Gorman's last day before maternity leave

Mon 11th – Harvest Donation Day

KS1 Harvest Service at Church 2pm

Parents' Evening 'Drop In' re: settling in & wellbeing

Thu 14th & Friday 15th – Class Circuits sessions in Gymnastics slots

Fri 15th –Non Uniform day to support anti-racist charities – 'Wear Red'

Strive for Five Draw

Mon 18th –Y6 Lantern Making Workshop

YR & KS1 Cinema Night

Tue 19th – Y6 Lantern Making Workshop Staffing & Finance committee 5pm

Governors AGM 6pm

Wed 20th - Nasal Flu Day

- KS2 Cinema Night

Thu 21st – Bingo afternoon

Fri 22nd Halloween themed day

- Ms Maskew's last day before maternity leave
- Break up for half term

Mon 25th – Fri 29th – HALF TERM

Sun 31st – Clocks go back





Dates Later in School Year

Monday 1st Nov - Y5&6 High Five Netball competition

Wed 3rd Nov - Multi Skills after school club starts for 6 weeks

Thu 4th Nov - Lantern Parade 6pm

Fri 5th Nov - Chocolate & Bottle Non Uniform Day

Strive for Five

Mon 8th Nov - Y3&4 Quicksticks Hockey tournament

Thu 11th Nov – Remembrance silence

Fri 12th Nov - Children in Need Non Uniform day

Sun 14th - School Remembrance Parade

Tue 16th Nov - Y3&4 Bench ball competition - St Joseph's

Week beg. 15th Nov – Intensive swim week 6JM

Thu 18th - FAB meeting 3.30pm

Fri 19th Nov - Strive for Five

Week beg. 22nd Nov – Early Years 'Come & Play' week

Fri 26th Nov – Takeover Day

Tue 30th - Reception Whinlatter Trip

Thu 2nd & Fri 3rd Dec - Class circuits sessions

Fri 3rd Dec - Christmas Fundraising Fun Day

Strive for Five

Tue 7th Dec - Nursery Nativity 9.30am

KS2 Boccia competition

 $Wed\ 8^{th}\ Dec-Reception\ Nativity\ 9.30am$

YR & KS1 Cinema Night

Thu 9th Dec - Christmas Dinner Day

KS2 Cinema Night

Mon 13th Dec – Y5&6 Carol Service 2pm

Tue 14th Dec - Y3&4 Carol Service 2pm

Thu 16th Dec - Community Carol Singing in the Square 10.30am

Strive for Five Draw

Wed 5th Jan - Children start back

Whinlatter

WEAR

HARVEST

Mon 10th Jan – Y5&6 Dodgeball competition

Tue 18th Jan - Y1&2 Dodgeball competition

Fri 28th Jan - Beauty & the Beast - M&M Prodns

Tue 1st Feb - Curriculum & Punil Committee & Governors

Tue 8th Feb – Young Voices Trip to Manchester

Dodgeball competition

Fri 11th Feb - Break up for half term Week beg. Mon 21st Feb – Parents' Evenings

Tue 22nd Feb - Table Tennis competition

Mon 28th Feb - Y1&2 Multi Skills tournament Tue 1st March - Pancake day

Ducks eggs arrive

Thu 3rd March - World Book Day

Week beg. 7th Mar – Intensive swim week for a Y5 class

Fri 11th March – Ducks leave

Week beg. 14th Mar - Intensive swim week for a Y5 class

Tue 15th & wed 16th - United Utilities visiting Y5&6

Fri 16th - Comic Relief/Red Nose Day

Mon 21st Mar - Y3&4 Dodgeball competition

KS1 & R cinema Night

Tue 22nd Mar – Governors

Wed 23rd Mar - KS2 Cinema Night

Tue 29th Mar - Y3&4 Football competition

Thu 31st Mar & Fri 1st Apr - Class circuits sessions

Friday 1st Apr - Break up for Easter

Wed 20th Apr - Children Start back

Thu 28th - Class Photos

Mon 2nd May - Bank Holiday

Mon 9th - Thu 12th May - KS1 & KS2 SATs Week

Tue 10th May - Y3&4 Rounders competition Tue 17th May - Kicky Rounders competition

Fri 27th May – Break up for half term

Week beg. Mon 6th Jun – KS1 Phonics Screening Check 3 week window for Y4 Times Table Check

Tue 14th Jun - Reception Multi Skills festival Fri 17th Jun - Y1&2 Kinder cricket competition

Tue 21st Jun - Y5&6 Football competition

Tue 26th Jun – Y5&6 Cricket Competition

Tue 5th Jul - Sports Day

Wed 6th Jul - Reception Beacon Trip

County Finals (fingers crossed for teams there!)

Thu 7th Jul - Sports Day reserve

Thu 14th Jul – Y6 Graduation

Fri 8th Jul – Y1&2 Kinder cricket competition #2

Tue 12th Jul - Y5&6 Tennis competition

Wed 13th July - Nursery Beacon trip

Thu 14th July - Y6 Graduation ceremony

Fri 15th Jul - Meet new classes

Mon 18th Jul - Reports Out & Curriculum Evening

Tue 19th Jul – FUN day

Wed 20th Jul - Break up for Summer



